



PHILADELPHIA JUVENILE
ANTI-TRAFFICKING COALITION

**TRAINING CATALOGUE 2022-
2023**

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PURPOSE

This catalogue was developed to inform child-serving professionals and community members of the Philadelphia Juvenile Anti-Trafficking Coalition’s training offerings. The catalogue includes comprehensive descriptions for each training, along with speaker biographies that detail their background and expertise. It is our hope that with increased access to training, child-serving professionals and community members will have greater access to our Coalition and education surrounding human trafficking will become more widespread and destigmatized.

PHILADELPHIA JUVENILE ANTI-TRAFFICKING COALITION

ABOUT

The Philadelphia Juvenile Anti-Trafficking Coalition is the first of its kind— focusing on and addressing the needs of children and vulnerable victim subpopulations that are overrepresented and underserved.

Participating agencies of the Coalition discuss actionable steps towards improving city-wide efforts and collaboration to ensure that youth are able to access the multitude of services across the dependency and delinquency systems across the Greater Philadelphia region. Some participating agencies include:

- Attic Youth Center
- Children’s Hospital of Philadelphia
- Community Behavioral Health
- Community Umbrella Agencies
- Covenant House PA
- Defenders Association of Philadelphia
- FBI
- HIAS PA
- Justice at Work
- Nationalities Service Center
- Philadelphia Children’s Alliance
- Philadelphia Department of Human Services
- Philadelphia District Attorney’s Office
- Philadelphia Juvenile Probation
- Redeemed for a Cause
- School District of Philadelphia
- Support Center for Child Advocates
- The Salvation Army’s New Day to Stop Trafficking Program
- Villanova Law’s Institute to Address Commercial Sexual Exploitation
- Multiple youth homeless services, trauma therapists, and LGBTQ+ serving agencies

MISSION

We are committed to increasing awareness of child trafficking and improving access to housing, justice, and specialized services for child victims of human trafficking.

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TRAININGS

CVHT Overview & Trauma-Informed Screening

Presenters: Variable based on audience needs and training availability



Professionals | Duration: 4 hours

In this presentation, professionals will learn the definition of human trafficking, the warning signs, and action steps to take when a child has been identified as a victim. Participants will learn how to identify and screen for human trafficking among children and youth, and gain knowledge about support services existing locally in Philadelphia. Participants will also develop skills to effectively engage with CVHT and how to best advocate for them with other professionals and within various systems.



Children and Youth | Duration: 2+ hours

In this presentation, children and youth will learn definitions of human trafficking, prevalence, and how to support their peers. Participants will learn legal protections and advocacy strategies for trafficked youth, as well as leave equipped with resources to report trafficking and seek assistance.



Parents and Caregivers | Duration: 2+ hours

In this presentation, parents and caregivers will learn definitions of human trafficking, prevalence, and how to support the children in their care when they suspect trafficking or trafficking has been disclosed. This training is applicable for parents, kinship caregivers, and foster parents. It is *strongly encouraged that this training be paired with our Runaway Behaviors training* to provide caregivers strategies for preventing, reducing risk, and responding to running away behaviors.

Learning objectives for this training include:

1. Define human trafficking
2. Identify red flags among children and youth
3. Learn strategies and best practices to screen for human trafficking among children and youth
4. Learn how to respond to disclosures of human trafficking and where to refer CVHT for specialized services
5. Understand the impacts of exploitation on CVHT and how to respond in a trauma-informed manner

TRAINING

Immigrant CVHT Overview & Trauma-Informed Screening

Presenters:

Lindsey Mossor – Esq. Staff Attorney at *Nationalities Service Center*

Stephanie Lubert – Esq. Staff Attorney at *HIAS PA*

In this presentation, professionals will learn what human trafficking looks like among the immigrant community, the warning signs, and action steps to take when an immigrant child has been identified as a victim. Participants will learn how to identify and screen for human trafficking among immigrant children and youth, and gain knowledge of support services existing locally in Philadelphia for immigrant CVHT. Participants will also develop skills to effectively engage with immigrant CVHT and advocate for them with other professionals and within various systems.

Duration: 2 hours

TRAINING

Labor Trafficking of Youth

Presenters:

Lindsey Mossor – Esq. Staff Attorney at *Nationalities Service Center*

Lisa Hurlbutt – Esq. Staff Attorney at *Justice at Work*

In this presentation, professionals will learn the definition of labor trafficking, the warning signs, and how foreign and domestic youth are trafficked for labor. Historically, there has been much more attention on child sex trafficking, which has resulted in the continued under-identification of child victims of labor trafficking. Professionals will learn how to identify labor trafficking among youth and where to refer child victims for support services.

Duration: 2 hours

TRAINING

Sexting and Social Media

Presenters:

Steve Delturk – Trauma Therapist at *Philadelphia Children's Alliance*

Sakinah Love – Executive Director and Founder at *Redeemed for a Cause*

The advanced CVHT training is designed for participants to meet the objectives of (1) gaining a better understanding of social media, sexting, and how their use can create unique risks for exploitation, and (2) building a skillset for how to address sexting and social media use with youth.

Presenters will provide information about child trafficking and warning signs to look out for in social media, internet, and phone use. Presenters will teach the legal implications of youth sharing sexually explicit images and video over social media and text messages. Presenters will compare myths about technology use with realities, and will provide practical strategies to help participants keep children safe.

Presenters and participants will explore and confront how their biases and the spoken/unspoken messages they give off to youth about sexuality may contribute to youth feeling unsafe, ashamed, misunderstood, and/or isolated. Presenters will help participants create a foundation for continuing work that will empower them with the skills and attitudes that will make them a safe person youth can come to for support when they are feeling afraid or confused about sexuality, social media, internet, and phone use.

Learning objectives for this training include:

1. Acquire new knowledge about sexting, its prevalence, how it impacts children's lives, and legal concerns related to it
2. Understand the developmental and attachment needs that youth seek to meet by sexting
3. Gain confidence in having difficult conversations with youth about online safety
4. Have new resources to share with families and co-workers about sexting and online safety

Duration: 2 hours

Pre-requisite: CVHT Overview & Screening

TRAINING

Running Away Behaviors: Trauma-Informed Safety Planning, Assessment, and Response

Presenters:

Kelly Sagastume – Program Manager of Project PROTECT at *Support Center for Child Advocates*

This is an advanced CVHT training with information applicable to all older youth in the child welfare system, particularly those in congregate care settings with complex trauma. This training will help professionals understand the psychological and physical impacts of human trafficking and commercial sexual exploitation on children, and how it may manifest in running away behaviors.

Participants will learn why youth leave placement, particularly what conditions and situations lead youth to leave placement, and how we can work with youth and other team members to identify and address these factors. Professionals will also learn how to develop safety plans with youth and their caregivers when a child goes missing or returns from a period of having been missing.

Learning objectives for this training include:

1. Understand the impacts of exploitation on CVHT and the challenges of leaving the trafficking situation
2. Develop knowledge of trauma bonds between victims and perpetrators and apply this understanding to behaviors common in CVHT, specifically running away behaviors
3. Identify push and pull factors that lead youth to leave home and/or placement
4. Learn and practice counseling techniques for working with CVHT and caregivers, specifically how to assess for runaway risk, safety plan, and respond to periods of leaving home or placement

Duration: 4 hours

Pre-requisite: CVHT Overview & Screening

TRAINING

Health Considerations, Needs, and Services for CVHT

Presenters:

Anish Raj – Fellow Physician at *Children’s Hospital of Philadelphia’s Child Abuse Pediatrics*

Kali Hackett – MSW, MPH Clinical Services Coordinator for the Adolescent Protection Collaborative at *Children’s Hospital of Philadelphia*

In this advanced CVHT training, professionals will learn health implications for youth who have experienced commercial sexual exploitation (CSE), with the aim to contextualize medical considerations within other psychosocial factors related to child trafficking. We will examine the physical, sexual, and behavioral healthcare needs of trafficked youth. We will highlight barriers to accessing care and risk factors youth face that contribute to adverse health outcomes. This presentation will equip attendees with information on relevant community-based services, screening tools, biomedical interventions, and other resources needed to best serve the youth in their care.

Learning objectives included in this training include:

1. Define commercial sexual exploitation of children (CSEC) and domestic minor sex trafficking (DMST)
2. Identify societal, community, and individual risk factors for exploitation
3. Discuss physical and mental health co-morbidities associated with sex trafficking
4. Explore issues related to adolescent health affected by sex trafficking

Duration: 1.5 hours

****Pre-requisite: CVHT Overview & Screening****

TRAINING

Addressing Demand

Presenters:

Kelly Sagastume – Program Manager of Project PROTECT at *Support Center for Child Advocates*

Shea M. Rhodes – Esq. Director of the *Institute to Address Commercial Sexual Exploitation (CSE Institute)* at Villanova University Charles Widger School of Law

Alexia Tomlinson – Esq. Justice for Victims Fellow at the *Institute to Address Commercial Sexual Exploitation (CSE Institute)* at Villanova University Charles Widger School of Law

In this training, participants will learn about how demand drives the commercial sexual exploitation of children. Participants will develop an understanding of who buys children for sex and relevant recent data about demand. Participants will learn to identify factors that influence demand for commercial sex and how those impact perceptions of children and other victims. Participants will also learn the history of buying sex in the U.S. and how race, class, and gender intersect when it comes to buyers.

Learning objectives for this training include:

1. Learn how demand drives CSEC
2. Understand who buys children for sex
3. Identify factors that influence demand and how they impact perceptions of child victims
4. Apply a historical and intersectional lens to the understanding of demand and CSEC

Duration: 1.5 hours

TRAININGS

Representing CVHT in the Child Welfare System

Presenters:

Kelly Sagastume – Program Manager of Project PROTECT at *Support Center for Child Advocates*

In this presentation, professionals will learn the definition of human trafficking, the warning signs, and action steps to take when a child has been identified as a victim. Participants will learn how to spot red flags for human trafficking among child welfare cases and what specialized services exist locally in Philadelphia for CVHT. Participants will develop skills to effectively engage with child clients in a trauma-informed way and advocate for their wellbeing with other professionals and in the court systems.

This presentation is geared towards professionals working in the child welfare system, including child advocate and parents' attorneys, DHS investigators, CUA case managers, and congregate care staff.

Learning objectives for this training include:

1. Define human trafficking
2. Identify common red flags among children and youth
3. Discuss vulnerabilities and protective factors for youth in the child welfare system
4. Learn advocacy strategies to utilize with other professionals and within various court systems on behalf of child clients

Duration: 1.5-2 hours

TRAININGS

Love146 Not a Number

Presenters:

Amber Goltz – Manager of Anti-Trafficking at *WOAR*

This presentation provides an interactive child trafficking and exploitation prevention curriculum designed to provide youth with information and skills in a manner that inspired them to make safe choices. Youth participants will learn to identify and utilize health support systems that may decrease their vulnerabilities to exploitation. Participants will identify and discuss high-risk indicators for youth such as involvement with systems (e.g. juvenile justice, child welfare), history of abuse and/or neglect, exposure to violence, and safe online practices. Participants will gain knowledge and skills to advocate for themselves and others.

Skills to prevent exploitation and/or trafficking

Identify potential trafficking situations and learn how to ask for help

This presentation is geared towards youth ages 12-18, inclusive to all genders and is designed for applicability across gender, ethnicity, sexual identities and economic backgrounds. The curriculum is designed for primary and secondary prevention and early identification of vulnerabilities and exploitation and seeks to facilitate honest dialogue with young people on topics such as human trafficking, exploitation, abuse, vulnerability, and violence.

Learning objectives for this training include:

1. Raise awareness of what constitutes human trafficking and exploitation
2. Learn how to recognize recruitment tactics and understand vulnerabilities
3. Challenge harmful stereotypes and societal attitudes
4. Identify health support systems
5. Develop skills to safely navigate potential and existing exploitative situations
6. Learn how to access community resources when situations occur that increase vulnerability

Duration: 5 one-hour modules

*For more information see Appendix

TRAINING

Online Child Exploitation

Presenters:

Alexis Krieger – FBI, Victim Specialist

Daniel Johns – FBI Agent

In this presentation, professionals will learn and discuss the various methods in which minors are exploited through digital devices. The presentation will discuss grooming techniques utilized by subjects, barriers to reporting, red flags, psychological implications and case examples. Participants will also learn more about online safety suggestions.

Duration: 1.5 hours

TRAINING

HT and Trauma Informed Housing Services

Presenters:

Heather LaRocca – LCSW, Director New Day to Stop Trafficking Program at *The Salvation Army*

In the presentation, professionals will learn to engage with survivors in a culturally competent, person-centered, and trauma-informed manner. Participants will also be provided with resources to utilize when working with survivors to improve comprehensive and cohesive care across disciplines.

Learning objectives for this training include:

1. Recognize barriers to housing faced by survivors of trafficking
2. Identify skills to offer trauma informed housing support to survivors

Duration: 1 hour

ABOUT OUR SPEAKERS



Kelly Sagastume (she/her) serves as Program Manager of Project PROTECT at Support Center for Child Advocates. She serves clients who are child victims of human trafficking (CVHT) with open cases in family and/or criminal court. She convenes the Philadelphia Juvenile Anti-Trafficking Coalition and Youth Survivor Advisory Board. She previously worked as a Victim Advocate with the Salvation Army's New Day to Stop Trafficking Program, where she conducted screenings and intakes of newly identified victims at Philadelphia Special Victims Unit. She is a graduate of the University of Pennsylvania's School of Social Policy & Practice where she received her Masters of Social Work.



Steve Delturk (he/him) works as a trauma therapist at Philadelphia's Children's Alliance, primarily serving children who have survived sexual abuse. Prior to becoming a therapist, he had 3 years of professional experience as an educator, mostly as a school counselor in the School District of Philadelphia. He has an additional 7 years of experience working with youth in community settings, and also volunteers throughout Philadelphia supporting local people and families, providing education about consent and teen dating violence to youth, parents, educators, and community members.



Amber Goltz (she/her) holds a bachelor's degree in International Affairs and two master's degrees in Nonprofit Management and Human Rights Practice. Prior to working in the anti-trafficking field, Amber worked with children with special needs and live abroad in Peru. Fueling her desire to work with survivors of human trafficking she then began to work as a supervisor for a human trafficking hotline in Colorado while working with at risk children and their families. She is now the Manager of Anti-Trafficking at WOAR in Philadelphia, where she works directly with survivors of human trafficking and provides trainings. Amber sits on many task forces locally and nationally. She also teaches a human trafficking course for Temple's MSW program.

ABOUT OUR SPEAKERS



Anish Raj (he/him) is a fellow physician in Child Abuse Pediatrics at the Children’s Hospital of Philadelphia. He received his medical degree from the Florida State University College of Medicine in 2015 and subsequently completed combined program residency training in Pediatrics/Psychiatry/Child & Adolescent Psychiatry at Brown University. His academic interests primarily revolve around serving sex trafficked youth, and his work in the field has allowed him opportunities to present on the subject at Grand Rounds hospital, as well as nationally at both pediatric and psychiatry conferences.



Emily Murbarger (she/her) is a Philadelphia Public Defender who specializes in representing children. She represents victims of sexual exploitation who are charged with serious felonies and other offenses. She joined the Public Defender’s office in 2010. Emily is a graduate of the Temple University’s Beasley School of Law.



Stephanie Lubert (she/her) is the Managing Attorney of HIAS PA’s Immigrant Youth Advocacy Project. She provides direct representation to immigrant youth in removal proceedings, many of whom are seeking protection from domestic violence, sexual abuse, and trafficking. She also provides Know Your Rights presentations and attorney mentorship. Stephanie has been with HIAS PA since 2015 and obtained her law degree from Villanova University’s Charles Widger School of Law.

ABOUT OUR SPEAKERS



Sakinah Love (she/her) is the Founder and Executive Director of Redeemed for A Cause. She works with victims of human trafficking, abuse, and trauma.

Sakinah believes in a hands-on approach—committing to bi-weekly street outreach with victims, on-the-spot counseling, referrals to service providers, and building relationships. Sakinah is a certified Life and Wellness Life Coach.

She is also an Adjunct Professor at Rowan University, teaching Intro to Human Services. Sakinah holds a Bachelor's in Child and Adolescent Development and Special Education, Master's in Human Services Counseling, and is currently working towards her Ph.D. in Human and Social Services in Disaster, Crisis, and Intervention.



Lindsey Mossor (she/her) assists immigrant survivors of human trafficking with obtaining T-Visas and other forms of immigration relief. Previously, Lindsey worked as the anti-trafficking specialist staff attorney for the Support Center for Child Advocates. Lindsey also has experience at a foster care agency worker in North Philadelphia, and as a Peace Corps volunteer in the Dominican Republic. Lindsey received the Legal Intelligencer's 2016 'Lawyer on the Fast Track' award, the 2019 'Outstanding Young Liberal Arts Alumni Award' from Pennsylvania State University, and is a selected member of the Board Leadership Institute with the Pennsylvania Bar Association.



Alexis Krieger (she/her) graduated from Indiana University in 1997 with a degree in Criminal Justice. She began her Federal Bureau of Investigation (FBI) career in 2004 as an Investigative Specialist in the Philadelphia Division. In 2010, Alexis became an FBI Victim Specialist in Newark. Alexis has participated in joint coordinated operations with the FBI, state and local law enforcement targeting child sex trafficking leading up to the Super Bowl. Alexis also assisted in creating various training protocols for human trafficking. In 2016, Alexis received a Certificate of Honorable Mention from the National Center for Missing and Exploited Children. She then transferred to Philadelphia as an FBI Victim Specialist. Alexis has received Exceptional Performance Awards as an FBI Victim Specialist in 2018 and 2021.

ABOUT OUR SPEAKERS



Lisa Hurlbutt is a senior attorney with Justice at Work, a legal aid organization serving low-wage and immigrant workers in Pennsylvania. Lisa primarily represents survivors of labor trafficking and other workplace crimes in their applications for immigration status. Previously, she was Director of Public Interest Programs in the career services office at Temple University Beasley School of Law, a staff attorney and Independence Public Interest Fellow at HIAS Pennsylvania, and judicial clerk to (now retired) Pennsylvania Superior Court Judge Phyllis W. Beck.



Heather LaRocca LCSW, is the Director of the New Day to Stop Trafficking Program (NDSTP) at the Salvation Army. NDSTP delivers trauma informed, holistic, and victim centered services to survivors of trafficking in Philadelphia and Montgomery counties. Heather has been working with victims of Domestic Violence and Human Trafficking since 2006. She was employed by Women Against Abuse (WAA), the lead domestic violence agency in Philadelphia, for over a decade where she supervised and coordinated the Philadelphia Domestic Violence Hotline as well as managed their two shelters. Heather holds her master's degree in Social Work from Widener University and bachelor's in Social Work from Messiah College.



Susan Jones LSW, works as The Salvation Army's New Day to Stop Trafficking Assistant Director. She has been at NDSTP for over 7 years in various roles. Susan began her career at the New Day Drop-In Center and then went on to launch the New Day's Police Assisted Diversion Program. As the Assistant Director at NDSTP, she focuses on grant compliance, data outcomes and evaluation, as well as program oversight for the Mobile Case Management team and the Police Assisted Diversion program. Susan received her master's degree in Social Work from Rutgers University.

ABOUT OUR SPEAKERS



Alexia Tomlinson Esq., joined the Institute to Address Commercial Sexual Exploitation legal team in 2019 as the Justice for Victims Fellow. Alexia directly engages with and provides legal representation to survivors of commercial sexual exploitation and sex trafficking. Alexia focuses her practice on the pursuit of post-conviction relief, including vacatur and expungement. She provides information and legal support to New Day Drop In Center clients. Alexia is a 2018 graduate of Pennsylvania State University's Dickinson School of Law. She is a member of the Pennsylvania Bar.



Shea M. Rhodes Esq., is the Co-Founder and Director of the Institute to Address Commercial Sexual Exploitation (CSE Institute) at Villanova University Charles Widger School of Law. Shea works with survivors of commercial sexual exploitation and human trafficking. The CSE Institute serves as the data and information clearinghouse for Pennsylvania stakeholders working to implement Pennsylvania's comprehensive human trafficking statute enacted in 2014. She teaches a Human Trafficking course at Villanova Law. She is also a member of several anti-trafficking initiatives, locally and internationally. Shea is a founding Steering Committee member and is currently on the Executive Committee for World Without Exploitation. She is on the Board of Dawn's Place..



Kali Hackett (she/her) is the clinical services coordinator for the Adolescent Protection Collaborative (APC) at Children's Hospital of Philadelphia. APC provides high-quality, patient-centered care and a safe, youth-friendly, compassionate point of contact within the health system for youth survivors of trafficking in Philadelphia. Kali is a public health social worker with significant experience supporting the behavioral health needs of adolescents, parents, and families both in direct service capacities and through research and policy. Kali received her Master of Public Health and Master of Social Work from the University of North Carolina at Chapel Hill.



THANK YOU TO OUR SPEAKERS.

Trainings are taught by recognized experts in the field of child sex and labor trafficking and complex trauma. These experts include medical professionals, behavioral health experts, and direct service providers who have extensive knowledge and years of experience in serving and working with this population.

THANK YOU TO OUR FUNDERS

Our trainings were made possible by the generous support of the Office for Victims of Crimes (OVC)

APPENDIX



WHAT IS *NOT A NUMBER*?

- It is an interactive, five-module prevention curriculum developed by Love146. It is designed to teach youth how to protect themselves from human trafficking and exploitation through information, critical thinking, and skill development.
- The content of *Not a Number* is presented in a manner that inspires youth to make safe choices and utilize healthy support systems by not focusing on one particular aspect of the issue, but instead taking a holistic approach focusing on respect, empathy, individual strengths, and the relationship between personal and societal pressures that create or increase vulnerabilities.
- It is a curriculum rooted in strong program theory and grounded in empirical literature and best practices in the field of prevention education (e.g., with lessons learned from evidence-based curricula on dating violence, internet safety, sexual abuse, bullying, etc.).
- It is designed to impact youth across the risk spectrum. It considers all youth as inherently vulnerable, but also as bearers of great potential and resilience.
- As part of the holistic approach, it provides resources to support a whole-school or entire-system response, including additional resources for professionals and parents/caregivers.

WHO IS THE INTENDED AUDIENCE & SETTING?

- The curriculum was developed for youth ages 12-18 and is inclusive of all genders. *Not a Number* is designed for applicability across gender, ethnicity, sexual identities, and socioeconomic backgrounds.
- Youth with high-risk indicators such as low socioeconomic status, history of abuse and/or neglect, involvement with systems (e.g. juvenile justice, child welfare), exposure to violence, risky sexual behavior online and offline, history of alcohol or substance abuse, and mental health diagnosis will particularly benefit.
- The curriculum is designed for primary and secondary prevention and early identification for vulnerabilities and exploitation. *While youth who have experienced human trafficking and exploitation may benefit from Not a Number, it is not intended to be used primarily as an intervention tool.*
- Schools, child welfare and juvenile justice agencies have utilized *Not a Number* successfully. Other community based organizations and programs have also found it relevant to their settings.

HOW WAS *NOT A NUMBER* DEVELOPED?

- *Not a Number* was developed in consultation with experts in the field of human trafficking and commercial sexual exploitation, education, and research and evaluation.
- Our monitoring and evaluation tools (pre/post survey and fidelity forms) were created in conjunction with researchers from the Crimes Against Children Research Center at the University of New Hampshire, and our educational modalities were designed in collaboration with faculty from the University of New Haven Department of Education.
- The *Not a Number* curriculum was piloted with over 2,500 youth in schools, child welfare and juvenile justice agencies, residential programs, and other community settings. The pilot phase was conducted in Connecticut, Florida, and Texas through Love146, Aspire Health Partners, and the Connecticut Department of Children and Families.

WHAT DOES THE LICENSING & CERTIFICATION PROCESS LOOK LIKE?

- Schools, child welfare and juvenile justice agencies, as well as other youth-serving organizations, are eligible for licensing. Organizations who become licensed can have facilitators complete the three-day Facilitator Certification Training, and be certified to implement the curriculum.
- Strong candidates for certification, to be selected by their organizations, are individuals with experience working with at-risk youth in a professional capacity. Also, individuals with facilitation experience, that have utilized other prevention curricula and have group facilitation as part of their role, are a good fit for certification (e.g., school counselors, teachers, and social workers).
- License holders have the option of hosting a training specifically for their team, or they can send individual facilitators to a Love146 regional training. At this time, regional trainings are regularly scheduled in New Haven, CT and Houston, TX. Regional trainings in other locations will be considered on a case by case basis.
- To maintain certification, facilitators are required to:
 - Implement and submit data that fulfills the obligations based on your license/scholarship agreement.
 - Participate in annual online recertification activities.
- Facilitator certifications are attached to the license holder. If the facilitator moves to a different agency, their license does not transfer. They will be required to contact Love146 to discuss having their new place of employment licensed.
- Please contact Love146 at notanumber@love146.org for additional information on cost, scholarship availability, training structure, and options.

NOT A NUMBER

A CHILD TRAFFICKING AND EXPLOITATION
PREVENTION CURRICULUM DEVELOPED BY LOVE146



WHAT WILL YOUTH LEARN?

Not a Number is an interactive child trafficking and exploitation prevention curriculum designed to provide youth with information and skills in a manner that inspires them to make safe choices when they encounter potentially exploitative situations and utilize healthy support systems that may decrease their vulnerabilities.

MODULE 1:

*An Introduction to
Human Trafficking and
Exploitation*

MODULE 2:

Culture and Society

MODULE 3:

*Red Flags and
Relationships*

MODULE 4:

*Vulnerabilities and
Resilience*

MODULE 5:

*Reducing Risky Behavior
and Getting Help*

YOUTH WILL...

- Complete a pre-test assessing their baseline knowledge, attitudes, behaviors, and skills as related to human trafficking and exploitation.
- Define key terms: exploitation, human trafficking, vulnerability.
- Recognize who can be affected by human trafficking and exploitation, and the strategies that traffickers/exploiters employ to recruit youth.
- Identify signs and red flags of grooming and recruitment.
- Analyze how social and cultural norms influence healthy and unhealthy behaviors.
- Challenge stereotypes and judgements we make of individuals in society.
- Define victim blaming by examining current events and news articles.
- Define consent.
- Learn how to recognize unhealthy relationships and build healthy relationships by analyzing examples of both, identifying their characteristics and red flags, and recognizing abusive behavior as abusive.
- Identify how people utilize technology to build relationships and to abuse and exploit youth.
- Understand the power of language by reflecting on its impact on their individual self-worth and how hurtful words can increase one's vulnerabilities.
- Identify personal and peer risk factors by looking at examples of individual, relational, community, and social vulnerabilities and how traffickers exploit these areas.
- Apply what they have learned in the previous modules by modeling how to navigate risky and/or unsafe situations, including overcoming personal vulnerabilities and seeking support for themselves or peers.
- Identify healthy support systems (peer, adult, and community) and how to utilize the array of services available to them including safe spaces, hotlines, and health, substance abuse, and dating violence services.
- Complete a post-test assessing their knowledge, attitudes, behaviors, and skills as related to human trafficking and exploitation to determine their growth after completing the curriculum.

HOW IS *NOT A NUMBER* DESIGNED TO MEET THE LEARNING NEEDS OF YOUTH?

- It moves beyond the traditional “information deficit” model and instead encourages peer-to-peer prevention, as youth often confide in one another before alerting an adult. It motivates youth to advocate for themselves and others through an environment that fosters mutual support. It establishes a safe and respectful space for youth and adults to have open and informed dialogue necessary for effective prevention.
- It intentionally creates a youth-driven approach that is collaborative and interactive, for example, activities include youth role playing “What would you do?” scenarios, analyzing news stories, and viewing informative videos.
- It prepares youth to navigate content specific to their experiences as young people, including but not limited to recognizing how the internet and social media can be used by traffickers, questioning the cultural norms created by media, reducing risky behavior in physical and digital setting, and identifying the characteristics of healthy and unhealthy relationships.
- It takes a cooperative, holistic approach to young people’s needs focusing on social-emotional abilities, such as empathy, respect, and the relationship between personal and societal pressures that create or increase vulnerabilities.

WHO IS THE INTENDED AUDIENCE FOR *NOT A NUMBER*?

- The curriculum was developed for youth ages 12-18, including male, female, and youth that identify as LGBTQ. *Not a Number* is applicable across gender, ethnic, and socioeconomic backgrounds. Youth with high-risk indicators such as involvement with systems (e.g. juvenile justice, child welfare), history of abuse and/or neglect, exposure to violence, risky sexual behavior on- and offline, and history of alcohol or substance use will particularly benefit.
- All youth fall within the risk spectrum and are inherently vulnerable to exploitation. The knowledge and skills they will develop through the curriculum, including making safe choices and seeking healthy support systems, are important in lifelong prevention and early identification for vulnerabilities and exploitation.
- The curriculum is designed for primary and secondary prevention and early identification for vulnerabilities and exploitation. While youth who have experienced human trafficking and exploitation may benefit from *Not a Number*, it is not intended to be used as a primary treatment tool.
- The *Not a Number* curriculum focuses on empowering youth through education. By creating space for instruction and honest dialogue on topics such as human trafficking, exploitation, abuse, vulnerability, and violence, participants gain knowledge and skills to advocate for themselves and others.

WHAT WOULD I NEED TO BRING *NOT A NUMBER* TO THE YOUTH IN MY ORGANIZATION?

- A group of 5 to 30 youth.
- Approximately five 60-minute time blocks. Schedules for alternate time blocks are available.
- At least one facilitator per group. Based on your agency’s needs, you may select a Love146 certified facilitator to implement the program, or you may obtain a license to utilize the program directly and send a staff member to a training to become certified to administer the curriculum.

FOR MORE INFORMATION ON LICENSING AND CERTIFICATION, OR TO FIND A CERTIFIED FACILITATOR, VISIT US AT WWW.LOVE146.ORG/NOTANUMBER/LICENSING OR CONTACT US AT NOTANUMBER@LOVE146.ORG